ScmData.binary? incorrectly considers UTF-8 text as binary

Currently, the binary? method in Redmine::Scm::Adapters::ScmData often misclassifies Unicode text as binary. This is because the method actually checks whether the given data is ASCII text or not.

The new implementation in the attached patch checks for control characters excluding tabs, newlines, and carriage returns, and calculates their proportion in the data. It ensures accurate detection of binary data while properly handling Unicode text.

I have lowered the percentage of control characters in the data that the method considers to be binary from 0.3 to 0.1.

Since the number of control characters is approximately 11% of the 256 values that can be expressed in a single byte, I believe that a threshold value of 0.1 is enough.

Setting the target version to 6.0.0.

Committed the fix in r22664.